



One on One Basketball, Inc.

WHAT IS ONE ON ONE?

One on One Basketball Training provides complete instruction on all aspects of the game. Since 1991, we've catered to players of all ages and skill levels. Our philosophy is based on the belief that focused training is the best means through which a player can achieve significant and lasting improvement on the basketball court. Through experienced and comprehensive teaching, One on One provides the tools for improvement. We give leadership, expertise, and support to athletes who simply want to become better players.

One on One believes that hard work, attention to detail, and a positive attitude develop habits which serve as the foundation for improvement. While player improvement is our immediate aim, our commitment to overall development, on and off the court, is what makes One on One successful. The ultimate goal of One on One is to develop within athletes the ability to motivate themselves and to teach them how to reach their potential as basketball players.

INSTRUCTORS

One on One boasts a team of enthusiastic, motivated, and well informed instructors. All of our instructors are committed to developing a positive player to trainer relationship, recognizing his/her role as a teacher on the court and a mentor off the court. As former and current players and coaches, each instructor brings a valuable experience to every training session.

One on One programs are conducted by skilled instructors who have been trained extensively to teach young players the game of basketball. All of the instructors recognize the importance of learning the fundamentals at a young age. More importantly, each instructor believes in the merits of dedication, hard work, and positive thinking and is committed to making each of these ideals an integral part of the program. As a result of this commitment, young players will benefit from their influence not only by becoming better basketball players, but more importantly, by learning and developing the habits necessary to succeed off the court, as well.